

Greenwood Academies Trust Primary Menu

Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3
Main Meal Choice				
Beef & Vegetable Pasty R00636 Creamed Potatoes R00100 Country Veg Mix R00483 Gravy R00569	Ham, Cheese & Tomato Baguette Pizza R00628 Mixed Salad R00328 Coleslaw R00106	Roast Pork R00120 with Apple Sauce R00470 Roast Potatoes R00109 Sliced Green Beans R00086 Carrots R00085 Gravy R00569	Minced Beef in Homemade Bolognese Sauce R00038 With Pasta R00531 Garlic Bread R00536 Mixed Salad R00328	Breaded Fish Fillet Square R00650 Jacket Wedges R00114 Garden Peas R00092
(V) Cheese & Onion Whirls R00016 Baked Beans R00091 Creamed Potatoes R00100	(V) Cheese & Tomato Baguette Pizza R00070 Mixed Salad R00328 Coleslaw R00106	(V) Quorn Sausages R00128 Roast Potatoes R00109 Sliced Green Beans R00086 Carrots R00085 (V) Gravy R00569	(V) Minced Quorn in Homemade Bolognese Sauce R00273 With Pasta R00531 Garlic Bread R00536 Mixed Salad R00328	(V) Quorn Dippers R00144 Jacket Wedges R00114 Garden Peas R00092
All Meals are served with either a mixed salad or a selection of daily vegetables.				
Jacket Potato with Cheese (V) R00554	Jacket Potato With Tuna Mayonnaise R00201 Or Baked Beans R00091	Jacket Potato Chicken Mayonnaise R00555	Jacket Potato Coleslaw or Baked Beans (V) R00652 R00091	Jacket Potato Cheese (V) R00554
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.				
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Summer Fruit Sponge R00464 & Custard R00140	Cherry Oat Cookie & Flavoured Milk R01293	Ginger Cake with Orange Frosting R00629	Eves Pudding & Custard R00048 R00140	Fruit Jelly Sundae(V) R00635
A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				

