

Week
Three

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SKEGBY JUNIOR ACADEMY

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Pork Sausage, Creamed Potatoes, Peas & Sweet corn	Beef Casserole, Potatoes, Sliced Green Beans, Sweet corn	Roast Chicken, Potatoes, Carrots, Cauliflower, Chicken Gravy	Ham & Tomato Baguette Pizza, Mixed Salad, Coleslaw	Chicken Goujon Wrap, Oven Baked Diced Potatoes, Baked Beans
(V) Vegetarian Sausage, Creamed Potatoes, Peas & Sweet Corn, Vegetarian Gravy	(V) Pasta in a Tomato & Pesto Sauce, Garlic Bread, Mixed Salad	(V) Roast Quorn Fillet, Roast Potatoes, Carrots, Cauliflower, Vegetarian Gravy	(V) Cheese & Tomato Baguette Pizza, Mixed Salad, Coleslaw	(V) Quorn Dippers, Oven Baked Diced Potatoes, Baked Beans
Jacket Potato with Cheese (V)	Jacket Potato with Tuna Mayonnaise or Baked Beans	Jacket Potato with Chicken Mayonnaise	Jacket Potato Coleslaw or Baked Beans (V)	Jacket Potato with Cheese (V)
Sandwich Selection				
(Choose from cheese, ham, turkey, tuna mayonnaise, chicken mayonnaise & jam)				
Dessert Choice Frozen Yoghurts	Dessert Choice Corn Flake Tart & Custard	Dessert Choice Ginger Cake with Orange Frosting	Dessert Choice Chocolate Sponge & Chocolate Sauce	Dessert Choice Fruit Jelly Sundae
A selection of yoghurt, fresh fruit and bread is available on a daily basis.				

Greenwood Academies Trust understands that there are different types of vegetarian diet

Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet