



SKEGBY JUNIOR ACADEMY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tikka Masala, 1/2 Steamed Vegetable Rice & 1/2 Naan Bread	Pasta in a Minced Beef Bolognese Sauce, Crusty Bread, Mixed Salad	Roast Turkey with Stuffing, Roast Potatoes, Cabbage, Carrots & Gravy	Sausage Roll, Creamed Potatoes and Garden Peas	Cod Fish Fingers, Jacket Wedges, Baked Beans
(V) Quorn Tikka Masala, 1/2 Steamed Vegetable Rice & 1/2 Naan Bread	(V) Pasta with Bolognese Sauce, Crusty Bread, Mixed Salad	(V) Roast Quorn Fillet with Stuffing, Roast Potatoes, Cabbage, Carrots & Gravy	(V) Vegetarian Sausage Roll, Creamed Potatoes and Garden Peas	(V) Vegetable Fingers, Jacket Wedges and Baked Beans
Jacket Potato with Cheese (V)	Jacket Potato with Tuna Mayonnaise or Baked Beans	Jacket Potato with Chicken Mayonnaise	Jacket Potato Coleslaw or Baked Beans (V)	Jacket Potato with Cheese (V)
Sandwich Selection (Choose from cheese, ham, turkey, tuna mayonnaise, chicken mayonnaise & jam)				
Dessert Choice Summer Fruit Muffins	Dessert Choice Chocolate Cake with Chocolate Frosting	Dessert Choice Banana Sponge & Custard	Dessert Choice Apple Flapjack	Dessert Choice Carrot Cake with Vanilla Frosting
A selection of yoghurt, fresh fruit and bread is available on a daily basis.				

*Greenwood Academies Trust understands that there are different types of vegetarian diet
Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet*