Week Three

SKEGBY JUNIOR ACADEMY

MONDAY	<u>TUESDAY</u>	<u>WEDNESDAY</u>	THURSDAY	<u>FRIDAY</u>
Pork Sausage , Creamed Potatoes, Peas & sweetcorn and Meat Gravy	(V) Pasta in a Tomato and Pesto Sauce with Garlic Bread and Mixed Salad	Roast Chicken Breast, Roast Pota- toes, Carrots, Cauliflower and Chick- en Gravy	(V) Cheese and tomato Baguette Pizza with Mixed Salad and Coleslaw	(V) Quorn Dippers, Oven Baked Diced Potatoes and Baked Beans
(V) Vegetarian Sausage, Creamed Potatoes, Garden Peas & Sweetcorn and Vegetarian Gravy		(V) Roast Quorn Fillet, Roast Pota- toes, Carrots, Cauliflower & Vegetarian Gravy		
Jacket Potato with Cheese, Baked Beans Or Tuna Mayonnaise	Jacket Potato with Cheese , Baked Beans Or Tuna Mayonnaise	Jacket Potato with Cheese, Baked Beans Or Tuna Mayonnaise	Jacket Potato with Cheese, Baked Beans Or Tuna Mayonnaise	Jacket Potato with Cheese, Baked Beans Or Tuna Mayonnaise
Sandwich Selection				
(Choose from cheese, ham, turkey, tuna mayonnaise, chicken mayonnaise & jam)				
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A selection of yoghurt, fresh fruit or Cookie is available on a daily basis.				

Greenwood Academies Trust understands that there are different types of vegetarian diet

Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet

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